

**Marinette County
4-H Newsletter
April, 2021**

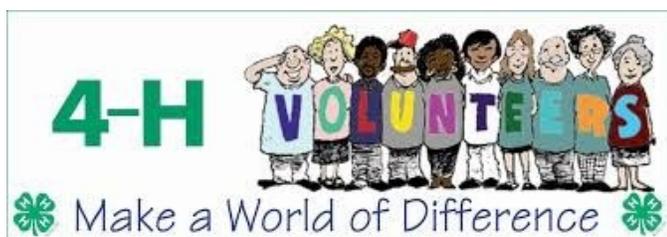


Happy Spring!

What beautiful weather we have been having lately! I am so excited to see many of our clubs and groups have been making plans to get together again. As a reminder - an approval process remains in place for all 4-H events and meetings, and I am happy to walk anyone through that process. Please plan to connect at least a week in advance. Our latest 4-H Program Guidance can be found here: <https://4h.extension.wisc.edu/4-h-faqs-related-to-covid-19/>. This guidance is in place for programming from April 1-June 30th. There is a lot of information in this document, so I am including a helpful summary below. We expect to have some updates to program requirements for July and beyond very soon and they will be shared as they are available. As more programs, events, and meetings start happening I am really looking forward to being able to connect with more of you all in person again. I want to thank all of you for the continued dedication, creativity, and passion for 4-H you all show on a regular basis despite the odds we have been facing this past year. I am honored to get to work with such an amazing group of youth and adults.

Enjoy your Spring, and see you soon!

Extension Program Guidance Summary	
	April 1 – June 1
Maximum Total Participants	Indoors: Up to 50 total participants or 30% of room occupancy (whichever is lower), podding for groups over 20 Outdoors: up to 150 total, podding for groups over 20
Groups “Podding”	Indoors: Groups of 20, can be in same space in large rooms (up to 30% of room occupancy) Outdoors: Groups of 20* *Program Checklist will ask details on how participants will be podded for programs with more than 20 total participants, unless a clear reason is stated why podding would not enhance safety
Total Duration of program	Indoors: 4 hours Outdoors: no specified limit
Not Changing in new guidance: <ul style="list-style-type: none"> · Continued Use of Face Covering · No Eating Indoors · Physical Distancing (6 feet with members outside household; 20 feet between pods) · Cleaning When there is more restrictive local guidance we must follow that rather than our guidance. 	



NATIONAL VOLUNTEER WEEK

April 18-24 is National Volunteer Week! It's time to celebrate our volunteers and all that they do. Volunteering is a big part of 4-H. We rely on a network of volunteers to provide caring and supportive mentoring to our 4-H'ers helping them learn life skills and grow into true leaders. THANK YOU for your service! We could not have 4-H without our volunteers!



MARINETTE, MENOMINEE, OCONTO, AND SHAWANO 4-H PROGRAMS INVITE YOU TO GROW WITH:



GARDEN GIANTS



Show us how GREEN your thumb is! Join us in growing BIG pumpkins, HEAVY zucchini, LONG carrots, and WIDE sunflowers in 2021.

Receive starter plants and seeds from your local 4-H Program Educator. Plant them. Check in with a pic. Join us monthly for a 30 minute lesson in dirt, gardening, weather, food preparation, and preservation if you can.

HAVE FUN!

ALL GRADES WELCOME

Sign up by going to:
tinyurl.com/GardenGiants21
 or call your local Extension Office

PLANT PICK UP: MAY 17 - 21, 2021
 OPTIONAL MONTHLY CHECK IN DATES:
 THURSDAY, MAY 20
 THURSDAY, JUNE 17
 THURSDAY, JULY 15
 THURSDAY, AUGUST 19
 THURSDAY, SEPTEMBER 16



YOUTH INVITED TO ATTEND LEADERS ASSOCIATION MEETING

We are inviting youth in 6th grade or over to our leaders meetings when they resume. Looking for youth to give us ideas on the county program.



SPRING CHAIN REACTION PROJECT

Sat., May 1—Sat., May 8. You can choose a date that works for you. Just a few hours of your time helps seniors remain in their own homes. Marinette County Elderly Services is looking for commitments as soon as possible, before April 9th. Contact Lindsey Rysewyk at 715-854-7453 or e-mail lindseyr@mces.net



4-H VIRTUAL LEARNING COMMUNITY

VIRTUAL FITNESS CLUB



HAVE FUN LEARNING ABOUT ENDURANCE, MUSCLE STRENGTH, FLEXIBILITY, AND MINDFULNESS IN OUR BEGINNER-LEVEL FITNESS PROGRAM

FREE Program Series!

Open to 3rd-6th Graders

Tuesdays at 6:30-7:30 pm

April 6, April 20, May 4, May 18

Register at:

<https://v2.4honline.com/#/user/sign-in>

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VOLUNTEERS NEEDED!



VOLUNTEERS NEEDED

In search of older youth and adults who are willing to get together to plan summer experiences. We are still waiting for specific guidance from the state regarding our summer programming but having some plans, and alternate plans in place as soon as we can will help ensure a successful summer. Please contact me at aimee.elkins@wisc.edu.



TEEN EATS

THIS CLASS IS FOR YOU IF:

- You have an interest in cooking
- You have an appreciation for food culture and international flavors
- You have used an oven or stove top
- You have made food from a recipe
- You have used a sharp knife
- You are able to participate in 6 lessons via Zoom
- You are able to offer 1 hour of virtual class time, 1 hour of independent recipe cooking per week.

EDUCATORS

Claire Mance
mance.claire@countyofdane.com
Holly Simon
simon.holly@countyofdane.com

LESSON TOPICS

1. Granola
2. Sheet Pan Meals
3. Veggies 3 Ways
4. Butter Chicken
5. Pastries
6. Falafel

JOIN A VIRTUAL COOKING CLASS TEEN EATS

Super-size your cooking skills with a focus on fresh taste and international flair. This 6 lesson course will have you loving foods and flavors you've never experienced.

basic intermediate advanced



GRADES 9-13
APRIL 8-MAY 13, 2021,
4:30-5:30 PM
6 week series - via Zoom
*basic cooking skills recommended

To Register [4H Calendar](#) or

<https://4h.extension.wisc.edu/opportunities/calendar/>

Questions? simon.holly@countyofdane.com



Extension
UNIVERSITY OF WISCONSIN-MADISON
DANE COUNTY

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX, and the Americans with Disabilities Act (ADA) requirements.

Interested in a cooking class that goes beyond the basics? Super-size your cooking skills with a focus on fresh taste and international flair. This 6 lesson course will have you loving foods and flavors you've never experienced.

We will send welcome notes via email to participants as they register. They will have access to our course outline (syllabus) via Google folder, learn when they will receive Zoom link, and they'll have contact info, accessibility numbers, etc. Open to High school age students, limited to 20 participants. Registration now open in 4HOnline.



UW-MADISON SCIENCE EXPEDITIONS / ENGINEERING EXPO

19th Annual UW-Madison Science Expeditions on *April 9-11, 2021*. Connect with researchers, visit labs and field sites and grow your interests in STEM. For further information, visit science.wisc.edu/science-expeditions/

NEVER TOO EARLY TO THINK ABOUT ROYALTY

Any youth, male or female, at least 14 years old and in high school, interested in becoming part of Marinette County Royalty can apply. If interested, contact Dorothy Kaminski at 920-897-2316. **Deadline: May 1.** Applications are being mailed now with interviews to be scheduled for May.



DON'T FORGET THE VIRTUAL LEARNING COMMUNITY

The site shows you all currently scheduled VLC events and opportunities offered through the Virtual Learning Community and our partners. If you would like to see a calendar of all 4-H/Extension opportunities, please view it at <https://4h.extension.wisc.edu/virtual-learning-community/>. If you see an event you are interested in, click on it for more information.

WI 4-H HALL OF FAME NOMINATIONS

The WI 4-H Hall of Fame was established to recognize individuals and organizations with significant contributions to the WI 4-H Youth Development program on any level. Potential recipients include 4-H volunteers, 4-H pioneers, external collaborating organizations and businesses, community leaders, and retired Cooperative Extension staff. Any group or individual is eligible to nominate for consideration by the state level selection committee. All nominations must be submitted electronically to: lpine@wisc.edu no later than **May 20**. Recognition of those chosen will take place during Fall Forum in November. For more info and forms, click on <https://fyi.extension.wisc.edu/wi4hhof/nominations/>

SCHOLARSHIPS AVAILABLE

WI TOWNS ASSOCIATION SCHOLARSHIP

The WI Towns Association, Rural Mutual Insurance Company & Scott Construction, Inc., will be awarding \$7,000 in scholarships to high school seniors graduating in 2021 from a public or private high school in WI that plan to enroll in a WI public or private college or a university in 2021. The winners are determined by judging of an essay contest. Essay topic: "What lessons can town governments take from the COVID-19 pandemic to improve their emergency management systems and prepare for and respond to future disasters?" Postmark by **May 28, 2021**. For info and an application, visit <https://www.wisctowns.com/resources/scholarship/>

GROWMARK AGRICULTURAL SCHOLARSHIP

The Foundation is offering 15 \$1,500 scholarships for students in the USA & Ontario pursuing degrees or certification in an ag-related field. At the time of application, students must be high school seniors or equivalent, or continuing students enrolled in good standing at a college, university, or technical school. Scholarships will be awarded based on information including academic achievement, school and community involvement, and essay responses. Scholarship funds will be paid directly to the student's account at their respective school. Visit <https://www.growmark.com/about-us/corporate-commitments>. The application should be completed in full online, including submission of a current photo & your most recent semester's transcript. No incomplete or late applications considered. Applications are due by midnight (Central Time) on **April 15**.



ANIMAL SCIENCE

COUNTY FAIR WEIGH-IN DATE

May 15, 10-11am, at the Fairgrounds for sheep/goat (no swine weigh in, but pictures will be due by this date also). Swine pictures can be e-mailed to marinettefair@yahoo.com or printed and brought to sheep/goat weigh in or given to Lisa Witak prior to that date.

Anyone needing RFID tags should contact Lisa before the weigh in date. Tags are \$2 each for beef/swine and \$1.50 for sheep/goat.



COUNTY HORSE PROJECT

We meet again!

Our first Horse Project Meeting for 2021 will take place on Monday, May 3rd, at 6:30. Jan and Wayne Christensen have opened their indoor arena for us so that we can social distance and follow 4-H guidelines about meeting. Their address is: W4233 Porterfield Lake Road, in Porterfield. Please wear your masks and bring your own pen or pencil, as we have some voting to do. Instead of signing in, someone will have a list of those enrolled and be able to check you off as you arrive. Be there a little early to help us to start the meeting on time.



Also, bring your own lawn chair!



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Como empleador que brinda igualdad de oportunidades en el empleo y acción afirmativa (EEO/AA, por sus siglas en inglés), la University of Wisconsin-Madison Division of Extension, proporciona igualdad de oportunidades en el empleo y en sus programas, incluyendo los requisitos del Título VI, Título IX, y de la ley federal para personas con discapacidades en los Estados Unidos (ADA, por sus siglas en inglés) y los requisitos de la Section 504 del Rehabilitation Act.



What does 4-H stand for?

Head, heart, hands, and health represent the 4 H's. Each meeting begins with a recitation of pledges, including the **4-H Pledge**. While the 4-H pledge has a very direct meaning for our 4-H clubs and members, there are additional ways that adults can apply the pledge before, during, and after club meetings and events.

I pledge

My head to clearer thinking

It's normal for youth to have questions or be unsure about things. Give your youth the information you can to help them plan, organize, make wise decisions, and problem solve. It will encourage your child to think critically and use this knowledge throughout life.



HEAD



HEART

My heart to greater loyalty

Success is awesome. Some failure is inevitable. Both help youth develop strong personal values and a positive self-concept. Encourage and support all youth, especially your own, to have empathy and concern for others. Show your child, by example, how to cooperate and communicate with those around them.

My hands to larger service

When you help your family's club, you model volunteerism, community service, and inclusiveness to your youth. If you don't have the time to be a volunteer, you can help in many equally important ways. If you do want to learn more about volunteering, contact the Extension Office!



HANDS



HEALTH

My health to better living

In addition to keeping youth physically healthy—body and mind—it is important we provide them the skills to make healthy decisions and to lead healthy lifestyles. You can help create safe spaces to support youth learning and character development.

for my club, my community, my country, and my world.

4-H does not happen without supportive adults serving as positive role models. Stay involved as a family/caregiver as best as you can; it makes the experience much richer for everyone. The more involved our 4-H members are, the more impactful they are upon the world around them.





I pledge

My head to clearer thinking,

My heart to greater loyalty,

My hands to larger service, and

My health to better living

for my club, my community, my country, and my world.

The 4-H Pledge

4-H meetings start with pledges, including the 4-H Pledge. In each leaf of the clover below, write what each “H” might mean for you!

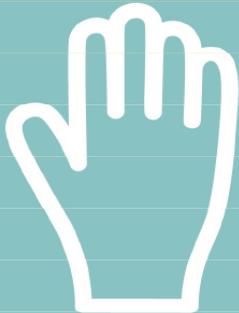
I would like to learn...



My hobbies...



We could help our community by...



Just for fun we could...



What does the 4-H Pledge mean to you?

Adapted from “Design Your Own Clover,” Dr. Darlene Z. Millard, University of Arkansas Cooperative Extension, by Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

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